



HARBORSIDE



**GROW
WHAT YOU
KNOW**

INDOOR

New to Indoor Growing? **Grow What You Know**

GENETIC SPECIFICATIONS



Sativa Strains

- Longer flowering times
- Typically grows tall and lanky
- Smaller yields
- Does well in high temperatures



Hybrid Strains

- Varied flowering times
- Wide range of growth patterns
- Many are high yield
- Blends Indica and Sativa traits



Indica Strains

- Shorter flowering times
- Typically grows short and bushy
- Larger yields
- Does well in lower temperatures

GROW WHAT YOU KNOW

One of the best ways to get started growing cannabis is to get acquainted with the tools you'll be using. To help get you, "in the know," we've created this quick guide with visuals, descriptions, and links to online resources. For information on growing indoors or with hydroponics, check out our other guides, or visit the sites under the Growing Guidance section.

SOIL

Here are three California companies with blends, formulated specifically with cannabis in mind.

- Fox Farm** - Ocean Forest
- E.B. Stone** - 420 Mix
- Royal Gold** - Basement Mix

POTS

Start with a 1-5 gallon pot water can drain out of and a saucer. Here are a few types of pots you can use with your plants.

Air Pot

- Helps prevent plants from becoming root-bound
- Resistant to over watering
- Requires more frequent watering

Basic Pot (clay, plastic, etc.)

- Easy to find at most stores
- Easy to make

Fabric, or Smart Pot

- Offers more oxygen to the roots
- Dries out faster
- Excellent at releasing heat

GROW TENTS

- Easy to install & take down
- Ensures total darkness for night cycles

Suggested brand:

Secret Jardin - <http://www.secretjardin.com>

PRUNING SHEARS

You'll need a good pair of these for everything from pruning lower leaves to manicuring your harvested cannabis. Here are two popular brands:

Fiskars - Known as an industry standard for decades

Chikamasa - Bonsai shears with varying lengths and curvatures

LIGHTS



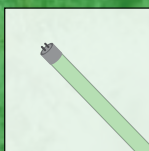
Metal Halide (MH)

- Produces a broad spectrum of light
- Good for vegetative growth
- Low output of red in the spectrum



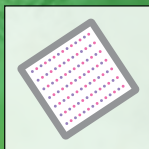
High-Pressure Sodium (HPS)

- Mainly red/orange/green light spectrum
- Good for flowering
- More watts per light than MH.



Fluorescent (T5 bulbs)

- Less expensive
- Creates less light per watt than MH or HPS
- Produces lower yields



LED

- Highest upfront cost
- Less heat output
- Does best in a tall space

PH MEASUREMENTS

Always check the alkaline levels, or pH, of your water before feeding your plants. The right pH provides an ideal climate for microorganisms in the soil and helps protect against disease.

General Hydroponics offers a test kit we recommend -

<http://www.generalydroponics.com/ph-buffers>.

AIRFLOW

Exhaust Fan

- Size depends on heat generated by the lights
- More efficient but more expensive

Oscillating Fan

- Easy to find
- Shouldn't be aimed directly at plants

GROWING GUIDANCE

Ed Rosenthal - <https://www.edrosenthal.com>

Jorge Cervantes - <https://ww2.marijuanagrowing.com>

Nebula Haze & Sirius Fourside - <http://www.growweedeasy.com>

Royal Queen Seeds - <https://www.royalqueenseeds.com/Cannabis-Blog>

LOCAL GARDENING SUPPLY

Hydro Garden Delight
13708 Doolittle Dr.
San Leandro, CA 94577

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